



## Precautions

1. If you need to use two eye ointments at the same time, wait at least 5 minutes before administering another one.
2. If you need to instill an eye drop at the same time, instill eye drop first and then wait at least 5 minutes before applying eye ointment.
3. Discard any unused content according to manufacturer recommendation.
4. Do not use discolored or expired eye ointment.
5. For eye ointment which requires refrigeration, warm it before use by routing it between your palms.
6. Eye ointment may cause temporary blurred vision. Avoid driving or operating machinery until your vision is clear again.

7. Avoid using cosmetics when using eye ointment.
8. Avoid wearing contact lenses in the case of eye infection or inflammation.
9. Never share your eye ointment with other people to avoid cross-infection.
10. Steroid or antibiotic eye ointment cannot be used for long term and must be used as directed by doctors.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們  
For enquiry, please feel free to contact us

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## How to use Eye Ointment

藥劑部  
Pharmacy



## Proper use of Eye Ointment



1 Wash your hands thoroughly before administration to avoid infection from touching the eyes.

2 Use a cotton bud soaked with warm water to clean your eyelid from inside to outside if you have any eye dirt.



3 Remove your contact lens before applying eye ointment.

4 Tilt your head backward.



5 Gently pull down the lower eyelid with your index finger to form an eye pocket, and then look upward.



6 Squeeze a small amount (about 0.5 cm length) into the eye pocket. Try not to touch your eye or eyelashes with the tube tip to avoid contamination.



7 After applying the eye ointment, gently close your eyes and roll your eyeball for about 1 minute to spread the ointment. Do not forcefully close your eyes or rapid blinking. Do not rub your eyes with your fingers.



8 Use a clean tissue or towel to wipe out any excess.



9 After administration, recap the ointment immediately. Do not rinse the tip with water.

